

## Cabin Rules and Policies

To ensure a safe and enjoyable experience for everyone, campers are expected to abide by these rules:

1. Live and let live. Treat all of creation with respect and gentleness.
2. Treat all campers and staff with love, kindness, and respect.
3. Campers are expected to cooperate and participate in all activities of camp.
4. Shoes must be worn at all times when outside. Sandals without back straps and flip flops are only permitted in the bathrooms or on the pool deck. A pair of sturdy, close toed shoes must be worn most of the time during this specialty camp.
5. Please walk when traveling around camp. Running will be permitted during games and activities or with special permission of a counselor.
6. Digital cameras and digital photos are permitted, however, great discretion should be used when sharing photos.
7. Cell phones will not be permitted. Directors will have phones to be able to contact for emergencies.
8. Campers are not permitted to leave camp midweek and then return to the program. If a camper leaves, he/she is not permitted to return to camp later that same week.
9. Certain items are not appropriate for the camp environment and we ask you to leave them at home. Please refer to the inside of this brochure for a list of appropriate and inappropriate items.
10. Campers should remain within the boundaries of their area of camp, remembering to stay out of cabins/tents belonging to the opposite sex. Staff houses, the adjacent dining hall, staff room, kitchen, and offices are off limits for campers.
11. Please leave all living or natural materials at camp unless specifically instructed to take something home as part of an organized activity.
12. During swim time, campers must remain at the pool.
13. Clothing, including swim suits, is expected to be modest. Please see the inside of this brochure for further details.
14. If transportation is necessary as part of the program, campers must wear a seatbelt while riding in a camp vehicle.
15. Campers must remain in the tents from lights out until rise and shine when the counselors are awake unless using the restroom or in the event of an emergency.

All participants in Down East Adventure Camp and their parent/guardian must agree to sign and send in the following covenant.

### Camper Covenant

"I am attending this special camp which will be held off Camp Swatara Property. In registering for this program, I agree to listen to the camp staff/leadership and respect other campers. I will abide by all camp rules and policies as described. I understand that this offsite camp is an extension of Camp Swatara and its policies. I accept the consequences of being dismissed from the camp if rules or policies are broken. I also understand that my actions reflect on the image and ministry of Camp Swatara and I do not desire to negatively impact the camp program."

Signature \_\_\_\_\_

Date \_\_\_\_\_

"I/We, as the parent/guardian of the above camper, support my dependent in his/her decision to attend this special camp. I/We also agree to the covenant that he/she has entered into with the camp leadership. In support of this covenant, I/We agree to accept the responsibility of transportation home from camp anytime during the week if my dependent fails to abide by the covenant. I/We understand that dismissal from camp will occur if camp rules and policies are not followed."

Signature \_\_\_\_\_

Date: \_\_\_\_\_

## Camp Swatara Summer 2017

### Down East Adventure Camper Confirmation



This brochure contains important information that will help you and your family prepare for an exciting camp experience. Please read carefully.

## **CAMP WILL END AT 5PM ON SATURDAY!**

### **CAMPERS AND PARENTS-**

Welcome to an exciting camp experience! You have just signed up to participate in the most adventurous camp we offer. You will be spending a week with friends in the Acadia National Park in Maine! Activities likely to include Kayaking, Biking, climbing, and hiking.. We hope you are excited about this jam packed week of activity and excitement led by the Ziegler's and strong camp leadership!

We look forward to seeing you soon!

Call at 717-933-8510 or email

adam@campswatara.org if you have any

questions about the week as camp approaches!

### **HEALTH FORM**

Enclosed you will find a **Health History Form**. Please be sure to **return it to camp at least two weeks prior to your camp week**. Receiving this form early will speed up the registration process when you arrive at camp. You will be able to fill out the majority of the form on your own, but may need to contact your doctor for some immunization questions make sure to SIGN the form before returning it to camp.

### **Registration Process:**

Registration will begin at 6:30 pm on Friday, July 14th. When you arrive at camp, please notice the signs for registration in the east area Arts and Crafts pavilion. Campers and leaders will meet there to register and prepare for the week. Registration can take up to one hour. Please remember to bring all medication that the camper regularly takes. Please be prepared to pay the balance due with a check, cash, or a Good as Gold certificate. At registration, campers will meet the director and the counselors and receive information about the final schedule for the week. It would also be a good idea to leave some spending money with your camper for souvenirs.

# What to Bring to Camp—Parents/Guardians and Campers should read this page together.

Consider carefully what should and should not be taken to camp.

### **BRING these items with you to camp:**

- Bible
- 3 sources of light (Please try to bring at least one head-lamp.)
- SLEEPING BAG and PILLOW
- Swimsuit, towel and sunscreen
- **WATER BOTTLE** for hiking
- Bathroom items including: toothbrush, toothpaste, soap, shampoo, towel, washcloth, brush/comb, etc. All should be in small amounts and in small containers.
- Backpack
- 3 pairs of footwear — one pair of sneakers, one pair of hiking boots, and sandals or shoes that can get wet.
- Money for souvenirs or offering
- Bag chair (for seating at the campground)
- Appropriate clothing including:

Shorts

T-Shirts

Socks (3+ extra pairs)

Raingear (tops and bottoms)

Plastic bag for wet items

Long pants

Long sleeve shirt/sweatshirt/jacket

Underwear (2+ extra pairs)

Laundry bag (old pillow case)

Hat

### **Optional Items**

- Sunglasses
- Small pocket knife
- Disposable Camera
- Digital Camera
- Bug Spray
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### **Camp Will Provide:**

Tents and camping gear

Food and cooking gear

First Aid Supplies

All rented supplies and services from outfitters

### **Please leave these items at home:**

- Hand-held videogames
- Food including gum, candy, and sodas (bears)
- Hair dryer and curling iron
- Fireworks
- Alcoholic beverages\*
- Tobacco products\*
- Illegal drugs\*
- Weapons of any kind
- Expensive electronics
- Inappropriate clothing

**\*cause for immediate dismissal from camp**

THESE ITEMS ARE NOT permitted at camp. If we find you have any of the above, they will be taken from you and kept until the end of the week.

**REMEMBER:** When choosing clothing for camp, please keep in mind that we enforce a modest dress code. Bathing suits should not expose a girl's midriff and shirts should not include spaghetti strap tank tops or halter tops. Shirts should also include appropriate language and messages. Please make sure shorts are of appropriate length and undergarments are covered at all times. We reserve the right to ask a camper to change at any time if clothing is deemed inappropriate.

**We recommend labeling all items that are brought to camp.**  
**Camp is not responsible for items that are lost or left at camp.**