

The Challenge course at Camp Swatara offers many possibilities.

We hope that you:

- Strengthen your trust in others as you depend on members of your group, the course instructors, and yourself.
- Build confidence as you meet physical and mental challenges.
- Demonstrate leadership skills as you work together to creatively solve the obstacles presented to you.
- Demonstrate the skills of a follower as you acknowledge the ideas and creativity of others in your group.
- Learn to value the importance of cooperation, communication, motivation and encouragement.
- Stretch your personal limits and accomplish your goals.
- HAVE FUN!



THE CHALLENGE COURSE AT CAMP SWATARA

ADVENTURE COURSE/GAMES,
CLIMBING TOWER, HIGH ROPES
AND TEAM ROPES

2905 Camp Swatara Road, Bethel PA 19507
(717) 933-8510 www.campswatara.org

Reservations must be made at least two months prior to your group event date. Please contact the Program Manager at program@campswatara.org

**Faith Formed.
Memories Made.
God Glorified**





Below you will find descriptions of each part of the Challenge Course. Please read this information carefully and consider your group's goals, expectations and physical abilities as you decide which option is right for you.

What makes up the Challenge Course?

You, your group, and our facilitators working together on the Climbing Tower, Adventure Course, and Adventure Games are the key components of the Camp Swatara Challenge course.

When can groups use the Challenge Course?

Throughout the spring and fall, the Challenge Course is open for groups on the weekend as well as on week days (staff permitting). During the summer, the course is reserved by our summer camps and is available through our programming.

Who leads the activities?

The Challenge Course is led by trained, qualified and experienced instructors who will ensure that you have the safest possible experience on our course. The expertise of the instructors will allow you to completely and safely immerse yourself in the course. Camp Swatara provides all equipment and leadership.

Who can use the Challenge Course?

The Challenge Course is open to family groups, churches, Scout groups, school groups, community groups, corporate groups, and any other groups who think they would benefit from strengthening your relationships.

Adventure Course

Here, ground elements requiring group problem solving techniques promote the importance of brainstorming, cooperation, and communication. Your group will be presented with a story or a situation and must work together to overcome each obstacle before moving to the next challenge. This part of the course offers an excellent opportunity to work closely as a group.

Adventure Games

Portable, propped, and non-propped experiences from novice to advanced designed to use your entire group while discovering through problem solving.

Climbing Tower

The tower rises 33 feet into the air, having multiple sides and each side offers a different degree of difficulty for the climber. You may also consider rappelling.

High Ropes or Team Ropes

High Ropes—an individual-oriented ropes course located 40' above the ground with zip line.

Team Ropes—a team-oriented ropes course located 20' above the ground.

In Order to prevent health risks, persons who are pregnant, have major heart problems, or cannot understand instructional commands are not permitted to attempt the Climbing Tower. Age requirements are also included in the following information.

Rates and Scheduling Information

Adventure Course

Group Size: 10 - 16 up to 1.5 hours
(30 minute instruction class prior)
Rate: \$15
Minimum Age: 11 years old

Adventure Games

Group Size: 10 to 16 up to 1.5 hours
Rate: \$10
Minimum Age: 8 years old

Climbing Tower

Group Size: 10 - 16 for 2 hours
Rate: \$20
Minimum Age: 8 years old climbing
11 years old rappelling

High Ropes or Team Ropes

Group Size: 8 - 15 for 3 hours
Rate: \$25
Minimum Age: 13 years old

Adventure Games & Climbing Tower

Rate: \$25

Adventure Course with Group's Instructor

(must go through a training with a certified Camp staff member)

Rate: \$10

We keep to the timeframe. Group determines numbers of elements completed